

Marital Assessment Questionnaire

Name: _____ Date: _____

Age: _____

Date of marriage: _____

Spouses Name: _____

Religious Affiliation: _____

Your occupation: _____

Spouse's occupation: _____

Is this your first marriage? Yes No

If yes, list your prior marital information:

Date married No. Children Reason for divorce/end of marriage

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____

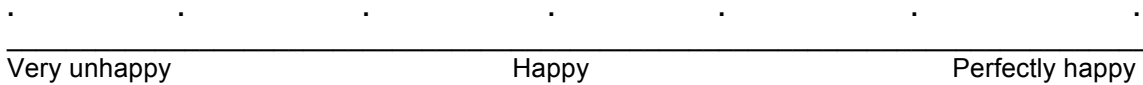
Describe why you are seeking help at this time:

How long have you been struggling with this issue:

Marital Assessment Scale

Name: _____ Date: _____

Check the dot on the scale line that best describes the degree of happiness, everything considered, of your present marriage. The middle point "happy" represents the degree of happiness which most people get from marriage, and the scale gradually ranges on one side to those few who are very unhappy in marriage, and on the other, to those few who experience extreme joy or felicity in marriage.



State the approximate extent of agreement or disagreement between you and your mate on the following items.

	Always agree	Almost always agree	Occasionally disagree	Frequently disagree	Almost always disagree	Always disagree
1. Handling family finances						
2. Matters of recreation						
3. Demonstration of affection						
4. Friends						
5. Sex relations						
6. Right, good, or proper conduct						
7. Philosophy of life						
8. Ways of dealing with in-laws						

Check one:

9. When disagreements arise, they usually result in:

_____ No one gives in, _____ husband giving in, _____ wife giving in,
_____ agreement by mutual give and take

10. Do you and your spouse engage in outside interests together?

_____ all of them, _____ some of them, _____ very few of them, _____ none of them.

11. In leisure time do you generally prefer:

_____ to be on the go, _____ to stay at home?

12. Does your mate prefer:

_____ to be on the go, _____ to stay at home?

13. Do you ever wish you had not married?

_____ Frequently, _____ occasionally, _____ rarely, _____ never?

14. If you had your life to live over again, do you think you would:

_____ marry the same person, _____ marry a different person, _____ not marry at all?

15. Do you ever confide in your mate:

_____ almost never, _____ rarely, _____ in most things, _____ in everything?

Marital Status Inventory

Name: _____ Date: _____

I would like to get an idea of how your marriage stands right now. Please answer the questions below

by marking TRUE or FALSE for each item with regard to how things stand right now. For items that are

true please indicate what year the item began to be true.

True False Year

1. I have made specific plans to discuss separation or divorce with my spouse (e.g. I have considered what I would say, etc.).

2. I have set up an independent bank account in my name in order to protect my own interests.

3. Thoughts of divorce occur to me very frequently, as often as once a week or more.

4. I have suggested to my spouse that I wished to be separated, divorced, or rid of him/her.

5. I have thought specifically about divorce or separation. I have thought about who would get my kids, how things would be divided, pros and cons, etc.

6. My spouse and I have separated. This is a (check one) ___ trial

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separation, ___ legal separation.

7. I have discussed the question of my divorce or separation with someone other than my spouse (trusted friend, counselor, minister, etc).

8. I have occasionally thought of divorce or wished that we were separated, usually after an argument or other incident.

9. I have discussed the issue of divorce seriously or at length with my spouse.

10. I have filed for divorce, or we are divorced.

11. I have made inquiries of nonprofessionals as to how long it takes to get a divorce, grounds for divorce, costs involved, etc.

12. I have contacted a lawyer to make preliminary plans for a divorce.

13. I have consulted with a lawyer or other legal aid about the matter.

14. I have considered divorce or separation a few times, other than during or after an argument, although only in vague terms.

Please bring to your first appointment.